



TEACHING KINDNESS



This Week's Verse:

Always try to be kind to each other.

1 Thessalonians 5:15

When we're waiting, riding in the car, or at bedtime, we play this game to review a Bible verse from my child's take-home paper from church.

I give directions for an action such as, **Put your hands on your shoulders, and say it loud and clear** and then together we recite the verse. We say it with lots of directions (clap your hands, touch your toes, jump up and down, etc.). After a while, my kids know what to do and they have fun giving the directions.

Try This:

I like to catch my kids doing something good on their own. If we're working on being kind, and she picks up a toy the baby drops and gives it back to him, I might say, **You were kind to the baby to pick up his toy.** I find that she looks for ways to be kind so she can hear about it from me.